

POOPER HEROES

RULES & POOP-TASTIC HERO STORIES



AIM OF THE GAME

POOPER HEROES is the only card game out there in which every card can turn into poo in your hand. When you draw a card you can't play, stack it face up on the table in front of you: this is your Poop pile. Your goal is to get rid of the smelly cards in your Poop pile by the end of the game. The player with the least poop at the end wins!

HOW TO PLAY

Scan to see the video rules!
But just in case or for a handy reminder, the written rules are below.



Most players will want to play **POOPER HEROES** without the added variations, however:



If you are playing with young children (aged five or six) or with beginners, we recommend playing **HAPPY NAPPY** with these added variations.



After you've played the game a few times, try going to the next level with **POOPER TROOPERS**, which gives you more interaction between the players (a minimum of three players is recommended).

SET UP

Shuffle the deck and deal three cards to each player (players keep their cards secret). Leave one Food card face up in the centre of the table. This will be the Discard pile. Place the rest of the cards face down next to it, forming the Draw pile. Each player should make a space on the table for their Poop pile.

For **HAPPY NAPPY**, remove the four Scoop a Poop cards from the deck.



Cards in other player's hand

Other player's poop pile will go here

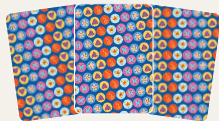


Discard pile



Draw pile

Your poop pile will go here



Cards in your hand

Now pick a player to go first (for example: the youngest player, or the player who most recently went to the loo). Afterwards, players then take turns in a clockwise direction.

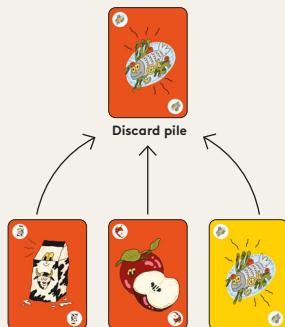
TAKING TURNS

1. Play your card(s).

On each turn you have to play at least one card by placing it face up on the top of the Discard pile (see 'Action cards explained' for the exception to this rule: the Poop card).

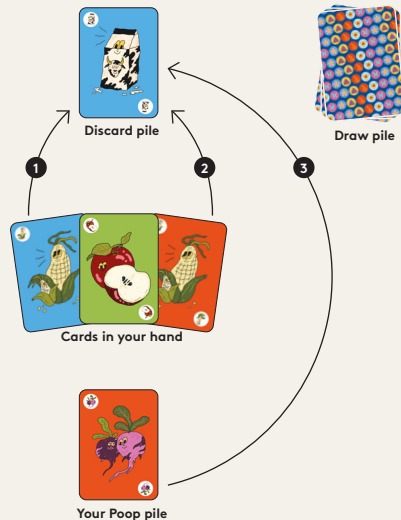
- You can play a Food card if its colour or its picture matches the colour or picture of the card on top of the Discard pile.

For example, on a red fish, you can play any red Food card, or any fish.



- You can play an Action card (with white background) on top of any other card. If you play an Action card, place it first, then perform the action. (See 'Action cards explained'.)
- You can play any matching card from your hand or you can try to play the top card from your Poop pile. This is one way to reduce the number of smelly cards you have.

- You can create a chain of cards by combining the cards in your hand and the top cards from your Poop pile. You can play as many cards as possible in one turn.



*In **HAPPY NAPPY** you do not create chains of cards and can only play one card on each turn.*



2. If you have no cards to play, take from the Draw pile.

If you can't play the top card from your Poop pile or any of the cards in your hand, you have to draw cards one by one from the top of the Draw pile until you find a card to play. (You can choose to draw cards even if you have good cards in your hand, as you may want to keep them for later.)

- If you draw a playable card, play it immediately, and then your turn is over. You cannot create chains of cards when taking from the Draw pile.
- If you can't play the card you've drawn, then it turns into poop. Do not add it to the cards in your hand: play it or poop it! Place the unplayable card face up on the table in front of you, forming your Poop pile. Draw another card. If that one also turns into poop, place it face up on top of your Poop pile. Keep drawing until you find a card you can play, and then your turn is over.

3. Don't remain empty-handed.

If, by the end of your turn, you have no cards left in your hand, draw three new ones from the Draw pile. However, if you still have at least one card in your hand, you should not draw. Never hold more than three cards in your hand – remember that unplayable cards from the Draw pile turn into poop!



*In **POOPER TROOPERS**, on your turn you can choose between playing cards or attacking other players, or you can do both as many times as possible. To attack another player, first place a Food card on top of their Poop pile – if the picture on your Food card matches the picture of the card on top of their Poop pile (e.g. here you could start an attach with ice cream, but not the green apple).*



Then you can create a chain of cards again, and place more cards on their Poop pile from the top of your one, or from your hand as long as the colour or pictures match the top card of the Poop pile under attack. If you've run out of such cards, your attack is over. Remember, you can still play cards on the Discard pile after attacking someone.

END OF THE GAME

The game ends when a player picks up the last card from the Draw pile (that card can be used by the player before the game ends). Then all players discard the cards from their hands and count the cards in their Poop piles. The player with the fewest cards in their Poop pile wins the game. If there are multiple winners, you can celebrate together.

ACTION CARDS EXPLAINED

Action cards (with white backgrounds) can help you win the game, by either helping you get rid of your own Poop pile cards or by giving more Poop to other players. You can play an Action card at any time on your turn and you can place it on any other card. You can place any other card on top of an Action card, unless the Action card is a Lollipop or Scoop a Poop card (these require you to play certain cards to follow, as explained below).



LOLLIPOOP (four cards)

Action: change colour

To play: place the Lollipop card on the Discard pile and choose a colour: purple, red, blue, yellow or green. The next player has to play a Food card of that colour, or an Action card, on top of it.



THE FLUSH (one card)

Action: discard five Poop cards

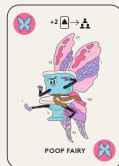
To play: place the Flush on the Discard pile and then flush away the top five cards from your Poop pile by placing them on the Discard pile.



POOPERMAN (one card)

Action: dish out one or two Poop cards from your Poop pile to each player

To play: place Pooperman on the Discard pile and then deal the top cards from your Poop pile equally among the other players, starting with the player whose turn it is next. You can give a maximum of two cards to each player by placing the cards face up on top of their Poop piles (if they don't have a Poop pile yet, you can create one with this card).



POOP FAIRY (one card)

Action: dish out two Poop cards to each player (except yourself)

To play: place Poop Fairy on the Discard pile and then deal two Poop cards from the top of the Draw pile to each player by placing them face up on top of their Poop piles (if they don't have a Poop pile yet, you can create one with this card).



FARTY GODMOTHER (one card)

Action: dish out five of your Poop cards to another player

To play: place Farty Godmother on the Discard pile and then give the top five cards from your Poop pile to one of the other players by placing them on top of their Poop pile (if they don't have a Poop pile yet, you can create one with this card).



POOP (six cards)

Action: dish out four Poop cards to another player

To play: choose a player to punish and place the Poop card on top of their Poop pile (if they don't have a Poop pile yet, you can create one with this card). Then draw four more cards from the Draw pile and place them face up on top of that player's Poop pile.



SCOOP A POOP (four cards)

Action: scoop one previously pooped card into your hand

To play: place Scoop a Poop on the Discard pile then choose one of the Poop piles on the table. You can go through this Poop pile and scoop one card of your choice from it into your hand. The next player can only place a Food card on it if its picture matches one of the food pictures on the Scoop a Poop card – or they can play another Action card.



Find more games to play with these cards or read the back stories of the **POOPER HEROES** at:
thepooperheroes.com

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HEROES**
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HERO STORIES

THE FLUSH



Always in a rush with a brush, here comes the Flush – the fastest toilet cleaner alive! He runs at poopersonic speed and nothing can stop him (except that dog poo he just stepped in).



The Flush worked as a janitor for experimental scientist Dr Pooperstein in his smelly laboratory until one night when something impossible happened. Flush was carrying a giant tank of toilet waste to the sewer overflow when a lightning bolt struck him. In that second his life turned upside down. So did the tank. Its toxic content flooded the lab, engulfing him in its flow. As he was fighting for his life, his brush started to move faster and faster until it swept out the whole mess in one giant poonami wave. Flush was transformed into the fastest pooper hero ever.

His pooper powers

Flush's pooperhuman speed makes him faster than the world's best sports cars. Not even a Poogatti or Fartborghini can overtake him. He can rush from Poo York City to the Grand KaKanyon in a flash – it's almost as if he's discovered the secret of telepoortation!

His secret condition: O.C.D.

Flush is suffering from O.C.D., aka Often Clogged Disorder. It means that if he finds himself in a dirty toilet, he simply can't go. He has to stay and clean it.

Flush's Fine Food Favourites

#1 Ice cream

Flush loves ice cream, because it is historically the treat of the fastest: when Roman emperor Nero craved this chilled dessert 2,000 years ago, he sent his fastest runners into the mountains for snow. Today's ice cream is made from cream, milk, sugar and flavourings. There are more than 1,000 ice-cream flavours available, including vanilla, avocado, garlic, bacon and turkey.



Tip: Do not trust anyone who offers you lemon-flavoured snow in a winter woodland. That yellow colour is not from lemons, wee guarantee...

#2 Water

It's easy to flush poo down the toilet in your home, but how do you clean the loo in the desert, without water? Flush has his own trick for solving this problem: he squeezes the water out of poop. Our poop is almost three-quarters water, while the rest is a stinky mix of undigested fibre, bacteria, cells and mucous. There is even more water in our wee, which can be recycled into drinking water again. Mouth-watering, don't you think?



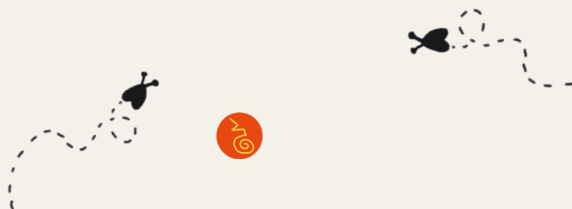
Tip: Drink plenty of water every day. It helps you stay healthy and poop easily.

#3 Blueberry pie

Blueberries are like tiny heroes with many pooper powers. They contain a good amount of fibre, which helps keep our digestive systems healthy. As a natural dye, they can give a posh blue colour to children's poo. Along with their European cousins, bilberries, they are a traditional remedy for diarrhoea, as they behave like glue in our guts, helping firm up poop. That's why they can make the Flush's day, because he finds cleaning toilets is only funny when there's nothing too mushy.



Tip: Be careful though, eating too much of any fruit can cause diarrhoea and mess up the Flush's sparkling toilet bowl.



POOPERMAN



Pooperman is the ultimate pooper hero, with pooperhuman powers and senses, who bravely flies to the darkest corners of the pooniverse, where no human has gone before (except for number twos).



Pooperman is the sole survivor of a spectacular galactic caca-tastrophe. His home was overpopulated, and the people emitted so much poo-pollution, that a pooclear chain reaction was about to destroy his entire planet. Luckily, Pooperman's father saw the impending doom in time and sent his son to Earth in an intergalactic porta-potty. Since that day, he has been protecting us from pooper villains.

His pooper powers

Pooperman's pooperhuman senses enable him to hear a butterfly fart from miles away. His eyes turn red when he uses his poopervision to melt things (and when he forgets to wash his hands after using the toilet). His strength is almost infinite, like an anaconda's poo.

His private club: the Just Sit League

Pooperman is the founder of the most elite pooper hero club of the world, the Just Sit League. Their mission is simple: to defeat all the pooper villains so we can just sit back, relax, and do our business.



Pooperman's Powerful Plates

#1 Fish

Every hero needs a personal trainer to stay fit and strong. Some consult with professional boxers, others watch fitness gurus online, but Pooperman learns from the best: the fish in his aquarium. Fish are surprisingly muscular – up to 70 per cent of a fish's body is sheer muscle! Eating fish can help make you stronger as it is a great source of protein, which you need to build muscles. Fish also contains vitamins and omega-3 fatty acids which are good for your brain and heart.



Tip: We all need protein to stay strong, so if you decide not to eat animals, make sure you consume enough protein from other sources like nuts, seeds, beans and peas.

#2 Spaghetti

One of life's biggest mysteries is who would win a battle: Pooperman or spaghetti. They are both filled with energy and are capable of carrying 400 times their own weight. Spaghetti is a tough cookie (or pasta!): with only two packs of it, and a glue gun, it is possible to build a bridge capable of supporting the weight of a zebra.



Tip: Try eating wholegrain spaghetti. It is higher in fibre and nutrients, which are your intestines' friends.

#3 Chocolate

When Pooperman's dad sent him to Earth, his last words were: 'Son, you have to save that planet. It's the only one that has chocolate.' Chocolate is like a happy little energy bomb – you should handle it with care. It can be bad for you if you eat too much, or if you choose chocolates with lots of added sugar, but a few squares of dark chocolate can make you feel happy, give you energy and provide you with healthy minerals and fibre. That's because dark chocolate contains more cocoa, made from cocoa beans, which were so valuable that they were once used as money in ancient empires.



Tip: Never give chocolate to your pets. It contains substances that our bodies can process, but which are toxic to cats and dogs.



POOP FAIRY



Poop Fairy was just another happy little tooth fairy, flying around the world and collecting children's teeth from under their pillows, until the mad scientist Dr Pooperstein captured the Fairy Queen. He wouldn't let the queen go until the fairies brought him enough poo for his next experiment. The poor fairies worked day and night, but it was never enough, so our little friend here decided to fight back. Poop Fairy flew east to master the mystic martial arts of kakarate and taekwondoodoo. Once she had earned her brown belt, she returned to defeat Pooperstein's hundred henchmen and free the Fairy Queen.

Her pooper powers

Poop Fairy can twirl her wings like a poopeller, shooting bum-bombs in all directions. If she casts her spell on an enemy, they instantly poo themselves! As if that wasn't enough, she can also magically turn toilet paper into sandpaper. Now, that's a hard wipeout!

Her secret poofession: stuntwoman

As Poop Fairy is trained to be strong and fearless, she has become the most famous stuntwoman in Hollypood. We have seen her perform in many big budget movies, doing daredevil tricks as the stunt double of Tinkle Bell, the Toot Fairy and Mary Poopins.

Poop Fairy is brave, Poop Fairy is strong – she is the greatest poofighter of them all!

Poop Fairy's Daring Delights

#1 Apple

When an apple fell on the English scientist Isaac Newton, he discovered gravity. When an apple fell on Poop Fairy, she discovered a bump on her head, and that little things can make a big impact. Apples contain many different vitamins from A to K that help to keep our bones, skin and immune systems healthy, and make us more resistant to infection. They are also full of important minerals, as well as fibre, which can help you to poo more easily and regularly.



Tip: Do not peel apples, because most of the healthy fibre, vitamins and minerals are found in the skin.

#2 Milk

Poop Fairy has never cheated, but her great kakarate master did once catch her with a pooformance-enhancing drink: a glass of cow's milk. Milk is rich in protein and contains lots of calcium, which is good for our bones. It provides some important vitamins and minerals and contains lactose, a special kind of sugar. Many people cannot digest this sugar (especially people from Asia and Africa), resulting in an upset tummy and intense farting and pooing.



Tip: like some people, adult cats are also unable to break down lactose, so do not give them milk.

#3 Coffee

Coffee is Poop Fairy's secret weapon, for the same reasons that grown-ups like this caffeinated drink. It gives them energy, makes them feel happier, helps them concentrate, and fires up their intestines so they can poo shortly after drinking a cuppa. It is like a concentrated magic potion: drinking more than one dose a day is dangerous and can cause harm to the human body, but the right amount can make a grumpy old man easygoing, or send a bumbling old auntie galloping like a frisky antelope (to the nearest loo).



Tip: Watch out for Kopi luwak, a crazy variety of coffee made using coffee beans collected from the poo of wild cats called civets. Would your grown-up drink pooffee?



FARTY GODMOTHER



A unicorn farts a rainbow, and a princess's poo smells like a rose – but only if Farty Godmother is there to work her magic.



Farty Godmother grew up with her two loving grandparents in their magical perfume brewery, where she spent her days helping her grandfather create healing scents, adding the perfect amount of happiness to every bottle. All was well, until the evil gangster, Al Capone took them hostage and forced them to brew his illegal energy drink instead, the disgusting Caca-Cola. The brave little girl soon escaped and joined the Godmother Squad where she learned to use her pooper skills against the farty felons in her new life as Farty Godmother.

Her pooper powers

If you call her, Farty Godmother will evaporate your nasty troubles and smelly bubbles. She flies to your aid at the speed of sound, leaving huge sonic booms behind. She also controls the weather: wherever she goes, the wind always blows.

Her special skill: Farty Party planner

Farty Godmother organizes the best Farty Parties in town, with amazing snacks and live music, tooting and trumping all the biggest hits. But her specialities are the invisible fireworks, which you cannot see anywhere else in the world. Actually, you can't see them here either, but you will hear the rockets exploding all night long.



Farty Godmother's Poofect Party Snacks

#1 Baked beans

Every great musician tunes their instrument before a concert, and Farty Godmother eats a whole bunch of baked beans before her Farty Party. You can make your own gig with this musical fruit: the more you eat, the more you toot! Beans contain a sugar that our body cannot digest, but our gut bacteria try to process it anyway, resulting in gas.



Tip: If you want the same outcome to come out, you can eat cabbage or raisins instead.

#2 Sweetcorn

Popcorn is a much-loved party snack, but have you ever tried Farty Godmother's scrumptious invention, poopcorn? It is easy to make: eat some sweetcorn but do not chew too thoroughly. Wait about 36 hours, go to the toilet, and if you look carefully you should find poopcorn: shiny yellow kernels in your poo. Corn is high in cellulose, a fibre that our body can't break down, so the kernels can pass through our guts intact. But we should leave them there – only animals like monkeys pick seeds out of their own poo.



Tip: Some people like to keep a poo-eater friend at home: bunnies, guinea pigs and dogs often eat their own poo or that of other animals!

#3 Beetroot

Farty Godmother always looks perfect at parties. She irons her pale red dress, sprinkles glittering rose dust on her wings and finally, she drinks a pootion of beet juice to dye her wee pink. Beetroot is a very healthy food packed with vitamins and useful minerals, and it contains red pigments which can turn your poo red and your wee pink. You can eat a lot of beetroot, but only about one in ten people can dye their pee with it. Check if you are one of them next time you go out farty partying, because, as Farty Godmother says, you feel more dancey if your wee looks fancy.



Tip: Water also affects the colour of your wee: the more you drink, the paler it gets.



Game design and text by Zsolt Batki

Zsolt Batki is a writer, one-time actor and radio journalist, university lecturer and game designer, who works in digital marketing. A father of three, he loves designing fun games for families.

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Aga Giecko is a Polish illustrator and graphic designer based in London. Whimsical characters with cheeky smiles and wonky lines are her signature style.

